### **AAHWAAN**

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# Ahimsa Yog & Meditation Center begins on 37th Diksha Diwas Acharya Lokesh





#### Acharya Lokesh, Vijay Goel, Shyam Jaju inagurated the Yog Center

'Ahimsa Yog and Meditation Center' begins in the leadership of Founder of Ahimsa Vishwa Bharti Acharya Dr. Lokesh at Acharya Lokesh Ashram 63/1 Old Rajender Nagar, New Delhi near Karol Bagh Metro station. On the auspicious occasion of 37th Diksha Diwas of Acharya Lokesh and Foundation day of Ahimsa Vishwa Bharti Member of Parliament and Ex-Union Minister Shri Vijay Goel and BJP national Vice President Shri Shyam Jaju inaugurated the 'Ahima Yog and Meditation Center'. Shri Goel and Shri Jaju honoured Acharya Lokersh on his 37th Diksha Diwas.

Acharya Lokesh on the occasion said that Yog and meditation should be part of our daily lives. Many diseases can be reduced due to this, also personal, family and social satisfaction, harmony and peace can be maintained. He said that yoga holds an important place in physical fitness.



Yoga classes will be conducted by Yogacharya Kundan Morning 7-8 AM and Evening 6-7 & 7-8 PM at Acharya Lokesh Ashram, 63/1 Old Rajender Nagar, Near Karol Bagh Metro station, New Delhi. Shri Vijay Goel said that this is another important step of Acharya Lokesh towards the social welfare. The Yoga and Meditation Center is a lifeline in a place like the Karol Bagh amidst the city's turbulence.

Shri Shyam Jaju said that Yoga is the first step towards balanced personal development. This type of Yoga and meditation center was very much needed in Delhi.

Yogacharya Kundan will conduct Yoga classes in Ahimsa Yoga and Meditation Center. On this occasion, Mr. Subhash Oswal, Mr. Manoj Jain, Mr. Ramesh Tiwari, Dr. Nirman Jain, Mr. Ram Gopal Dixit, Mr. Anant Biradar, Mr. Navdeep Joshi, Mr. Piyush Jain, Mr. Pranav Amin, Shri Ashok Singh, Mufti Kasmi also expressed their views. Mrs. Kenu Agarwal, Ms. Tarkeshwari Mishra, Mr. Vineet Kumar gave their full support in the successful organization of the program.

# Sri Sri Ravishankar, Acharya Lokesh gave Spiritual Lecture on Sharad Purnima in Bangalore





Founder of Art of Living Sri Sri Ravi Shankar and Founder of Ahimsa Vishwa Bharati Acharya Dr. Lokesh gave spiritual lecture from one platform on Sharad Purnima at Bangalore Ashram.

Acharya Lokesh said on this occasion that Spirituality is an integral part of Indian culture. Through spirituality, a person can awaken his inner consciousness and use it for social and environmental welfare. Acharya Lokesh said that presently we need to understand religion in the right context. He said that in the present times, religious leaders need to work together to make society a better place to live in.

Sri Sri Ravi Shankar said that the path of spirituality paves the way for individual, social and world peace. Balanced development is possible only with the coordination of spirituality and modernity. On Sharad Purnima he said that on this day the moon is the brightest than any other day. The rays of the moon are very bright, due to which your spiritual, physical powers are developed and in these rays of this day has the ability to cure many incurable diseases. Sri Sri honoured Acharya Ji with shawl and mala.

#### President Kovind offered Tribute to Mahatma Gandhi Acharya Lokesh presented Jain Prayer & gave Peace Message on Gandhi Jayanti





Acharya Dr. Lokesh gave the message of peace and harmony on the occasion of 150th anniversary of Mahatma Gandhi the International Day of Nonviolence at Gandhi Smriti. President Shri Ram Nath Kovind offered tribute of Mahatma Gandhi during Interfaith prayer. Ex- PM Dr. Manmohan Singh, Union Minister Shri Prahlad Singh Patel, President Ahimsa Vishwa Bharti Foundation USA Karamjit Singh Dhaliwal, Dr. Kulwant Singh Dhaliwal, Global Ambassador, World Cancer Care were also present.

Acharya Dr. Lokesh reciting Jain prayer at interfaith prayer meet on the occasion said on the 150th anniversary of the Mahatma Gandhi, we commit ourselves to truth, non-violence, harmony, equality, unity, cleanliness in our lives. Mahatma Gandhi understood the principles of non-violence, harmony, truth and non possession of Jain religion and lived life based on these principles and took them to masses.

Musical tribute was offered to Mahatma Gandhi on the occasion by Children. Buddhist, Zoroastrian, Baha'I Judaism Prayers, message from Bhagwat Gita, Holy Bible, Holy Quran, Shabad Kirtan were recited by religious leaders on the occasion.

## Acharya Lokesh address Educational Reform and Good Governance International Conference



Acharya Dr. Lokesh addressed International Conference Educational Reforms and Good Governance at India International Center. The conference was jointly organized by the IOED, International Organization for Educational Development and International Police Commission, in which several veterans were honoured with awards for their outstanding contributions in various

fields. Former Prime Minister of Moldova and Representative of the Business World Mr. Chiril Gaburici was the Chief guests at the conference Acharya Lokesh with High Commissioner, Sri Lanka Mr. Austin Fernando, First Secretary in Republic of Niger Mr. Moustapha Diori, Director General - International Police Commission Intelligence Group – IPCIG Lt. Gen. Galma T. Arcilla, Ambassador for the Republic of Moldova and Ukraine of the IOED Mr. Fiodor Ghelici, Spiritual Guru & Educationist Pawan Sinha, Prof. Shailesh Tiwari were special guest.

#### Acharya Lokesh, Hardeep Puri took part in TOI Green Drive





HH Acharya Lokesh, Cabinet Minister Shri Hardeep Puri and many eminent faith leaders and people took part in Green drive organised by Times of India group. Over a thousand school children and volunteers took part in the Hero TOI Green Drive. In a matter of hours, 20,000 saplings were planted by the participants.

# Acharya Lokesh launched the campaign 'Clean, Healthy and Plastic Free India' in Doon University

Acharya Lokesh addressed the 'Clean. Peaceful, Healthy and Plastic Free India' seminar organised at Doon University in capital of Uttrakhand Bignning NGO in which Ministers of Uttrakhand Government Dr. Dhan Singh Rawat, Dr. Yashpal Avra, Shri Ram Murat

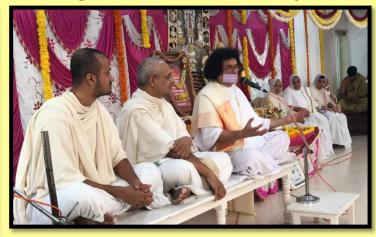


Sharma, Sh. Ram Krishna Singh Rawat, Ambassador of Namami Gange Ms. Arushi Pokhariyal, Mufti Raees Ahmed from Jamiatul of Uttrakhand, Mayor shti Uniyal Ghama, Vice Chairman Tribal Council Govt. of Uttarakhand. Dr. Acharya Lakshya Bodh Guru. Sh. Manish Seghal Director Manas institute. Dr. C. S. Nautiyal Vice Chancellor Doon University gave the welcome speech and Rishi Raj Meena President of Bignning honoured Acharya Lokesh by presenting Memento.

#### **Acharya Lokesh Gives Peace Message across the Country**



Special Meeting held between Former Prime Minister of Moldova Mr. Chiril Gaburici and Acharya Dr. Lokeshji at Ashram in Delhi in which Education, Peace and Harmony was discussed.



Acharya Shri Devendrasagar Surishwarji & Acharya Dr. Lokeshji gave Spiritual Lecturer at the Japaradhanaa program by Shri Akkipet Jain Sangh in Nahar Aradhana Bhawan Akkipet, Bangalore.



Acharya Dr. Lokesh and MP Shri Subramaniyan Swami at the oldest Ramlila of Delhi 'Shri Dharmik Lila Committee' at Red Fort.



Acharya Dr. Lokeshji addressed Interfaith Conference as Chief Guest held on Hussein Day in Richmond Town, Bangalore where topics of National and International importance and talks on useful works for Society and Nation were discussed.



HH Acharya Dr. Lokesh, Mr. Alok Kumar, International Chairman, VHP at the seminar on 150th Birth Anniversary of Mahatma Gandhi by Delhi Study Group.



Acharya Dr. LokeshJi addressed Hindi Kumbh at Rajghat, Delhi organized in the joint aegis of Delhi Hindi Sahitya Sammelan and Gandhi Samriti & Gandhi Darshan on the occasion of 'Diamond Jubilee' and 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi

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